

Registration Form for Running/Walking Events

Name _____

Address _____

Phone _____

Gender **M** **F**

Age _____ Date of Birth _____

T-shirt size: **YM S M L XL XXL**

Make checks payable to: **SWC YMCA**

Credit Card # _____

Exp. Date _____ Circle **MC** or **Visa**

Waiver:

I know that running/walking in a road race is a potentially hazardous activity. I should not enter unless I am medically able and properly trained. I also know that, even though police protection will be provided, there may be traffic or other hazards on the course. I expressly assume any and all risks associated with participation in this event but not limited to falls, traffic, contact with another participant, the effects of weather and the condition of the roads. Knowing these facts, and in consideration of your acceptance of my entry fee, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covent not to sue, waive, release and discharge SWC YMCA and all of its directors and employees or event sponsors from any and all kinds of claims of liability for death, personal injury or property damage of any kind. This release and waiver extends to all claims of every kind of nature whatsoever, foreseen or unforeseen, known or unknown. I agree that the SWC YMCA 5K officials have the right to remove me from the race if they are of the opinion it is in my best interest or the best interest for others. I further grant permission to this race or agents authorized by them to use any photographs, videotapes, motion pictures, recordings, or any other record of this event for any purpose. I have read the foregoing and certify my agreement by my signature below.

Signature _____

Date _____