

# FALL/WINTER POOL SCHEDULES

## Front Pool

Check for updated schedule for Dec. 21st - Jan 3rd

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30-8:10 Adult Lap	5:30 - 6:15 Adult Lap	5:30-8:10 Adult Lap	5:30 - 6:15 Adult Lap	5:30-8:10 Adult Lap	Open Oct. 4th	
8:15 - 9:00 Aqua Fit	6:15 - 7:00 Aqua Jog	8:15 - 9:00 Aqua Fit	6:15 - 7:00 Aqua Jog	8:15 - 9:00 Aqua Fit	7:00 - 10:00 Adult Lap	
9:00 - 9:45 Aqua Stretch	7:00-9:30 Adult Lap	9:00 - 9:45 Aqua Stretch	7:00 - 9:30 Adult Lap	9:00 - 9:45 Aqua Stretch	10:00 - 2:45 Open Swim	
9:45 - 10:30 Aqua Fit	9:30 - 1:00 Lap/Open	9:45 - 10:30 Aqua Fit	9:30 - 10:30 Nekoosa Swim	9:45 - 10:30 Aqua Fit	Beginning Oct 3rd 10:00-5:45pm	
10:30 - 1:00 Lap/Jog		10:30 - 1:00 Lap/Jog	10:30 - 1:00 Lap/Open	10:30 - 1:00 Lap/Jog		
1:00 - 1:45 Sr Splash	1:00 - 1:45 Sr Splash	1:00 - 1:45 Sr Splash	1:00 - 1:45 Sr Splash	1:00 - 1:45 Sr Splash		12:00 - 3:00 Open Swim
1:45 - 4:30 Open/Lap	1:45 - 4:30 Open/Lap	1:45 - 4:30 Open/Lap	1:45 - 4:30 Open/Lap	1:45 - 4:30 Open/Lap		3:00-6:00 Swim Lessons
4:30 - 5:30 *Swim Team	4:30 - 6:00 *Swim Team	4:30 - 6:00 *Swim Team	4:30 - 5:30 *Swim Team	4:30 - 6:00 *Swim Team		Begin Jan 3rd
5:30 - 6:50 Lessons	6:00-7:00 Masters/Team Swim	6:15 - 6:55 Aqua Intensity	5:30 - 6:50 Lessons	6:00 - 8:45 Family Open Swim		
6:50 - 7:30 Aqua Intensity		6:55 - 8:45 Open Swim	6:50-7:30 Masters Swim			
7:30 - 8:45 Open Swim	7:00 - 8:30 Open Swim		7:30 - 8:45 Open Swim			

Note: The pool will be closed for swim meets Dec. 5th, Jan. 23th & Mar. 6th

## Back Pool

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
			9:30 - 10:30 Nekoosa Swim	9:30 - 11:00 Swim Lessons		Open Oct 4th
				11:00 - 12:00 Presch Lessons	11:00 - 12:00 Party/Open	
					1:00 - 2:45 Open Swim	
					Beginning Oct 3th 1:00-5:45	12:00 - 3:00 Open Swim
5:30 - 7:00 Skipper Lessons	5:30 - 8:30 Open Swim		5:30 - 7:00 Skipper Lessons	6:30-8:45 Family Splash Night		3:00-6:00 Swim Lessons
7:00-7:45 Open Swim			7:00-7:45 Open Swim			Begin Jan. 3rd