



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

LAP POOL

FEB 15- MARCH 6

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30am-3:30pm Open/Lap	5:30am-3:30pm Open/Lap	5:30am-3:30pm Open/Lap	5:30am-3:30pm Open/Lap	5:30am-5:00pm Open/Lap	7:00am-1:00pm Open/Lap	Closed
3:30pm-5:00pm SWIM TEAM	3:30pm-6:30pm SWIM TEAM	3:30pm-6:30pm SWIM TEAM	3:30pm-6:30pm SWIM TEAM	5:00pm- 7pm Aqua Walls 4 Lanes Closed	1pm-2:30pm Aqua Walls 4 Lanes Closed	
5:00pm-7:45pm Open/Lap	5:45p-7:15pm Y Swim Lessons 4 lanes open from 6:30-7:15p	6:30pm-7:45pm Open/Lap	5:45p-7:15pm Y Swim Lessons 4 lanes open from 6:30- 7:15pm	2 Lap Lanes Open	2 Lap Lanes Open	
	7:15pm-7:45pm Open/Lap		7:15pm-7:45pm Open/Lap	7pm-7:45pm Open/Lap	2:30-2:45pm Open/Lap	

RECREATIONAL/THERAPY POOL/WHIRLPOOL

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30am-7:00am Closed	5:30am-7:00am Closed	5:30am-7:00am Closed	5:30am-7:00am Closed	5:30am-7:00am Closed	7:00am-9am Open	Closed
7:00-8:00am Open	7:00am-3:15pm Open	7:00-8:00am Open	7:00am-3:15pm Open	7:00-8:00am Open	9am-11:15am Y Lessons	
8:00am-9:00am Aqua Fit		8:00am-9:00am Aqua Fit		8:00am-9:00am Aqua Fit	11:15am-2:45pm Open	
9:00am-10:00am Open	3:15pm-4:30pm Open/BGC	9:00am-10:00am Open	4:30pm Open/BGC	8:00am-10:30am Y Preschool Lessons/Open		
10:00-11:00am Aqua Fit	4:30pm-6:30pm Y Lessons	10:00-11:00am Aqua Fit	4:30pm-6:30pm Y Lessons	10:00am-11:00am Aqua Fit		
11:00-1:00pm Open	6:30pm-7:45pm Open	11:00-1:00pm Open	6:30pm-7:45pm Open	11:00-1:00pm Open		
1:00pm-2:00pm Senior Splash		1:00pm-2:00pm Senior Splash		1:00pm-2:00pm Senior Splash		
2:00pm-5:30pm Open		2:00pm-5:30pm Open		2:00pm-7:45pm Open		
5:30pm-6:15pm Aqua Fit		5:30pm-6:15pm Aqua Fit		Updated 1/12/2021		
6:15pm-7:45pm Open		6:15pm-7:45pm Open				



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LAP POOL

MARCH 8- MARCH 27, 2021

Updated 2/17/2021

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30am-3:30pm Open/Lap	5:30am-3:30pm Open/Lap	5:30am-3:30pm Open/Lap	5:30am-3:30pm Open/Lap	5:30am-5:00pm Open/Lap	7:00am-1:00pm Open/Lap	Closed
3:30-5:00pm SWIM TEAM	3:30-6:30pm SWIM TEAM	3:30-6:30pm SWIM TEAM	3:30-6:30pm SWIM TEAM	5:00- 7pm Aqua Walls 4 Lanes Closed	1pm-2:30pm Aqua Walls 4 Lanes Closed	
5:00-7:45pm Open/Lap	5:45-7:15pm Y Swim Lessons 4 lanes open from 6:30-7:15p	6:30-7:45pm Open/Lap	5:45-7:15pm Y Swim Lessons 4 lanes open 6:30-7:15pm	2 Lap Lanes Open	2 Lap Lanes Open	
	7:15-7:45pm Open/Lap		7:15-7:45pm Open/Lap	7-7:45pm Open/Lap	2:30-2:45pm Open/Lap	
				WIBIT - 3/26/21 4:30-7pm No Open Lap		

RECREATIONAL/THERAPY POOL/WHIRLPOOL/SAUNA

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30am-7:00am Closed	5:30am-7:00am Closed	5:30am-7:00am Closed	5:30am-7:00am Closed	5:30am-7:00am Closed	7:00am-9am Open	Closed
7:00-8:00am Open	7:00am-11:00am Open	7:00-8:00am Open	7:00am-1100am Open	7:00-8:00am Open	9am-11:15am Y Lessons	
8:00am-9:00am Aqua Fit	Senior Splash 11am-12:00pm	8:00am-9:00am Aqua Fit	Senior Splash 11am-12:00pm	8:00am-9:00am Aqua Fit	11:15am-2:45pm Open	
9:00am-10:00am Open	12:00pm-3:15pm Open	9:00am-10:00am Open	12:00pm-3:15pm Open	8:00am-10:30am Y Preschool Lessons/Open		
10:00-11:00am Aqua Fit	3:15pm-4:30pm Open/BGC	10:00-11:00am Aqua Fit	3:15pm-4:30pm Open/BGC	10:00-11:00am Aqua Fit		
11:00-1:00pm Open	4:30pm-6:30pm Y Lessons	11:00-1:00pm Open	4:30pm-6:30pm Y Lessons	11:00-1:00pm Open		
1:00pm-2:00pm Senior Splash	6:30pm-7:45pm Open	1:00pm-2:00pm Senior Splash	6:30pm-7:45pm Open	1:00pm-2:00pm Senior Splash		
2:00pm-5:30pm Open		2:00pm-5:30pm Open		2:00pm-7:45pm Open		
5:30-6:15pm Aqua Fit 6:15-7:45pm Open		5:30-6:15pm Aqua Fit 6:15-7:45pm Open				



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LAP POOL

MARCH 29-APRIL 17, 2021

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30am-7:45p Open/Lap	5:30am-5:45p Open/Lap	5:30am-7:45p Open/Lap	5:30am-5:45p Open/Lap	5:30am-5:00pm Open/Lap	7:00am-1:00pm Open/Lap	Closed
	5:45p-7:15pm Y Swim Lessons 4 lanes open from 6:30-7:15p		5:45p-7:15pm Y Swim Lessons 4 lanes open from 6:30-7:15p	5:00pm- 7pm Aqua Walls 4 Lanes Closed	1pm-2:30pm Aqua Walls 4 Lanes Closed	
	7:15pm-7:45pm Open/Lap		7:15pm-7:45pm Open/Lap	7pm-7:45pm Open/Lap	2 Lap Lanes Open 2 Lap Lanes Open	2:30-2:45pm Open/Lap

RECREATIONAL/THERAPY POOL/WHIRLPOOL/SAUNA

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30am-7:00am Closed	5:30am-7:00am Closed	5:30am-7:00am Closed	5:30am-7:00am Closed	5:30am-7:00am Closed	7:00am-9am Open	Closed
7:00-8:00am Open	7:00am-11:00am Open	7:00-8:00am Open	7:00am-11:00am Open	7:00-8:00am Open	9am-11:15am Y Lessons	
8:00am-9:00am Aqua Fit	Senior Splash 11:00am-12:00pm	8:00am-9:00am Aqua Fit	Senior Splash 11am-12:00pm	8:00am-9:00am Aqua Fit	11:15am-2:45pm Open	
9:00am-10:00am Open	12:00pm-3:15pm Open	9:00am-10:00am Open	12:00pm-3:15pm Open	8:00am-10:30am Y Preschool Lessons/Open		
10:00-11:00am Aqua Fit	3:15pm-4:30pm Open/BGC	10:00-11:00am Aqua Fit	3:15pm-4:30pm Open/BGC	10:00am-11:00am Aqua Fit		
11:00-1:00pm Open	4:30pm-6:30pm Y Lessons	11:00-1:00pm Open	4:30pm-6:30pm Y Lessons	11:00-1:00pm Open		
1:00pm-2:00pm Senior Splash	6:30pm-7:45pm Open	1:00pm-2:00pm Senior Splash	6:30pm-7:45pm Open	1:00pm-2:00pm Senior Splash		
2:00pm-5:30pm Open		2:00pm-5:30pm Open		2:00pm-7:45pm Open		
5:30-6:15pm Aqua Fit 6:15-7:45pm Open		5:30-6:15pm Aqua Fit 6:15-7:45pm Open				



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The Y is opening in phases as we work to protect the health and safety of our members, staff and community.

At this time

- **Masks are REQUIRED at all times for individuals age 5+ when in the facility except when in the showers or pools.**
- **Members age 13+ are welcome on their own.**
- **Members age 12 and younger are welcome. YOUTH MUST be accompanied and under direct supervision of an adult member age 19+ at all times when in the facility.**
- **All locker rooms and showers are open to all users. Social distancing is strongly encouraged.**
- **Lap pool is open to 2 people per lane during swim times.**
- **Whirlpool is open to 5 people at one time.**
- **Recreational pool is open to 35 people at one time.**
- **Sauna is open to those 16 and older. Maximum of 2 people with 15-minute time limits. Appropriate swimwear must be worn and must bring your own towel to sit on.**